



YOUR LIFE IS WORTH THE FIGHT!

**Join us, Weds 5/3/23 6-7:30p at the
Community Room**

where you will be empowered to take control of your personal safety by learning practical skills to stay safe in today's world and learn more about your options!

Register at ndparksandrec.com

Damsel in Defense products available for purchase if interested

Join us for some fun as we discuss a serious topic, YOUR SAFETY! Wear comfortable clothes, sneakers and be prepared to leave a WARRIOR!

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Protection For A Purpose

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